

# Welcome to the Co-Curricular Program of Dallastown Area High School

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Our co-curricular activities program is designed to aid in the total development process of our students. Our school offers a comprehensive program of such activities designed to attract large numbers of students as participants.

The success of our various programs depends upon each individual developing himself or herself to the fullest extent possible and accepting responsibility to the team, thereby learning the valuable lessons associated with teamwork and doing one's best.

At no time are these activities to assume priority over, or unreasonably interfere with, the objective of the curricular program. It is hoped that participation in these co-curricular activities will assist with the educational, cultural, physical, social, emotional, and moral development of our youth. These activities are also intended to provide for the development of a wholesome, competitive spirit and a sense of pride and confidence through accomplishment.

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet makes both your child's and your experience with the Dallastown High School Athletic program less stressful and more enjoyable.

## The Parent and Coach Relationship

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Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

### Communication You Should Expect From Your Child's Coach

- ▶ Philosophy of the coach.
- ▶ Expectations the coach has for your child as well as all the players on the squad.
- ▶ Locations and times of all practices and contests.
- ▶ Team requirements, i.e. fees, special equipment, off-season conditioning.
- ▶ Procedure followed should your child be injured during participation.
- ▶ Actions that will result in the denial of your child's participation.

### Communications Coaches Expect From Parents

- ▶ Concerns should be expressed directly to the coach.
- ▶ Advance notification of any schedule conflicts.
- ▶ Specific concern regarding a coach's philosophy and/or expectations.

As your children become involved in the programs at Dallastown High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

### Appropriate Concerns to Discuss with Coaches

- ▶ The treatment of your child, mentally and physically.
- ▶ Ways to help your child improve.
- ▶ Concerns about your child's behavior.

### Concerns not Appropriate to Discuss with the Coaches

- ▶ Playing time.
- ▶ Team strategy.
- ▶ Play calling.
- ▶ Other student-athletes.

It is difficult to accept your child is not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain issues can be and should be discussed with your child's coach. Other issues must be left to the discretion of the coach.



## Voicing Your Concerns

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

- ▶ Call to set-up an appointment
- ▶ The Dallastown High School telephone number is 244-4021.
- ▶ If the coach cannot be reached, call the Athletic Director

He will set-up the meeting for you.

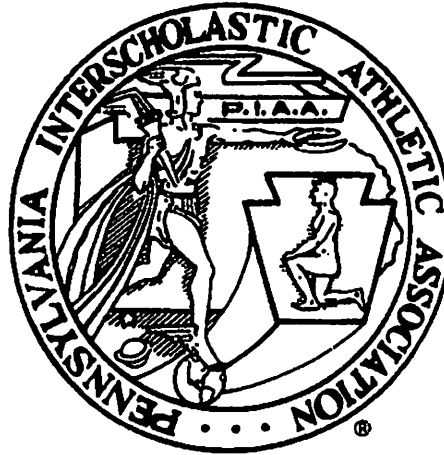
- ▶ *Please do not attempt to confront a coach before or after a contest or practice.* These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.

If the conference with the coach did not provide satisfactory resolution, a parent can do the following:

- ▶ Call and set up an appointment with the Principal and the Athletic Director to discuss the situation.
- ▶ At this meeting, the appropriate next step can be determined.



## Pennsylvania Interscholastic Athletic Association



## National Federation of State High School Associations



Through Sports,  
Citizenship and  
Fine Arts

# DALLASTOWN AREA HIGH SCHOOL



## Parent and Coach Communications Guidelines for Athletics

Together building better  
programs for the  
students of Dallastown  
Area Schools